

dotFIT Superior Antioxidant



Supplement Facts

Serving Size: 2 Vegetarian Capsules
Servings per Container: 60

	Amount Per Serving	% DV
Alpha Lipoic Acid	200 mg	*
Co-Enzyme Q10 (CoQ-10)	100 mg	*
Lycopene	10 mg	*
Lutein	6 mg	*
Astaxanthin (as AstaReal®)	4 mg	*
Zeaxanthin	3 mg	*
Meso Zeaxanthin	1 mg	*

* Daily Value (DV) not established

Who is this for?

- Adults interested in supporting healthy aging, skin health, daily energy, and exercise recovery by supporting natural compounds often limited in the diet or by the aging process.
- These antioxidants are not only part of vital tissues, but they have also been shown to have anti-inflammatory properties and protect cells against free radicals produced due to stress, aging, exercise and the environment.

What makes this product unique?

- Contains the proper forms and dosages of each ingredient to complement typical diets in supporting overall health and recovery.
- Contains AstaReal®, the most well-studied form of astaxanthin for skin health, aging, muscle recovery, and eye health.
- NSF Certified for Sport for purity, potency and label accuracy.
- Vegetarian/Vegan friendly

How should I take this?

- Take two (2) capsules daily with food

